		Circle the number which applies to you.					
		Not Important	Slightly Important	Moderately Important	Very Important	Extremely Important	Not Applicable
1.	I will feel better physically.	1	2	3	4	5	0
2.	I will have difficulty relaxing.	1	2	3	4	5	0
3.	I will change a lifestyle I enjoy.	1	2	3	4	5	0
4.	I will have fewer problems with my family.	1	2	3	4	5	0
5.	I will feel frustrated and anxious.	1	2	3	4	5	0
6.	I will have more money to do other things with.	1	2	3	4	5	0
7.	I will be more active and alert.	1	2	3	4	5	0
8.	I will get depressed.	1	2	3	4	5	0
9.	I will have fewer problems with friends.	1	2	3	4	5	0
10.	I will feel better about myself.	1	2	3	4	5	0
11.	I will regain some self-respect.	1	2	3	4	5	0
12.	I will accomplish more of the things I want to get done.	1	2	3	4	5	0
13.	I will have a better relationship with my family.	1	2	3	4	5	0
14.	I will have difficulty coping with my problems.	1	2	3	4	5	0
15.	I will feel withdrawal or craving.	1	2	3	4	5	0
16.	I will have too much time on my hands.	1	2	3	4	5	0
17.	I will have difficulty not drinking or using drugs.	1	2	3	4	5	0
18.	My health will improve.	1	2	3	4	5	0
19.	I will live longer.	1	2	3	4	5	0
20.	I will be more in control of life.	1	2	3	4	5	0
21.	I will feel bored.	1	2	3	4	5	0
22.	I will be irritable.	1	2	3	4	5	0
23.	I will be more financially stable.	1	2	3	4	5	0
24.	I will miss the taste.	1	2	3	4	5	0
25.	I will have a better relationship with my friends.	1	2	3	4	5	0
26.	I will feel stressed out.	1	2	3	4	5	0
27.	I will save more money.	1	2	3	4	5	0
28.	I will miss the feeling of being high.	1	2	3	4	5	0

Alcohol and Drug Consequences Questionnaire (ADCQ)

From: Appendix B—Screening and Assessment Instruments



Enhancing Motivation for Change in Substance Abuse Treatment.

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